

Toei Asakusa Line Takanawadai Station (A1 Exit):

4-minute walk

JR/Keikyu Line Shinagawa Station (Takanawa Exit):

15-minute walk

JR Yamanote/Tokyu Line/Toei-Asakusa subway line, Gotanda station (east exit):

15-minute walk

Toei Bus/Minato City community bus (Chii Bus), Takanawa 3-chome bus stop:

2-minute walk

**Please refrain from driving or cycling to the facility as no parking is available for cars or bicycles.

[Ajinomoto Foundation for Dietary Culture/

The Dietary Culture Library/Dietary Culture Exhibition Room]

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fhttps://www.facebook.com/ajishokubunka/



Public Interest Incorporated Foundation AJINOMOTO FOUNDATION FOR DIETARY CULTURE



Welcome to the Ajinomoto Foundation for Dietary Culture.



Takaaki Nishii, Executive President

The Ajinomoto Foundation for Dietary Culture was established in 1989, inspired by discussions among a group of experts, who proposed that "food is culture" in an era when the term "dietary culture" did not yet exist. Since then, the foundation has continued to organize many projects for dietary culture researchers as well as for members of the general public interested in dietary culture, for the purpose of raising public awareness and supporting dietary culture research. Today, as the importance of dietary culture in people's daily lives is recognized around the world and international exchange through food culture continues to flourish, our role has become increasingly important.

Looking to the future, by deepening our various ventures and further developing food culture, we will contribute to the creation and improvement of a rich and healthy diet for the people. We appreciate your continued warm understanding and support.

Purpose of activities

We raise public awareness and support dietary culture research, with the aim of creating and improving a rich and healthy diet for people around the world.

Five areas of activities



Management of the library and the exhibition room



Management of the forums



Organizing the symposiums



Publishing books and magazine



Research grants for dietary culture

History

1979	To commemorate the 70-year anniversary of Ajinomoto Co. Inc., they began dietary culture outreach activities.
1980	The first Forum on Dietary Culture ^{*1} was held.
1989	The Ajinomoto Foundation for Dietary Culture was established in Kyobashi in Tokyo. The first issue of our dietary culture magazine, vesta, was published.
1991	The Ajinomoto Dietary Culture Library was opened.
2004	The foundation moved to Takanawa in Tokyo.
2013	The foundation became a Public Interest Incorporated Foundation.

%1 The first forum was created as a foothold in the field of dietary culture, held at a time when knowledge and research in the field was extremely limited. It was an interdisciplinary effort which gathered academics and journalists from over 20 different fields (including social sciences, humanities, and natural sciences) to discuss topics related to dietary culture. The forum continues to this day, supporting and producing new advances in the field.

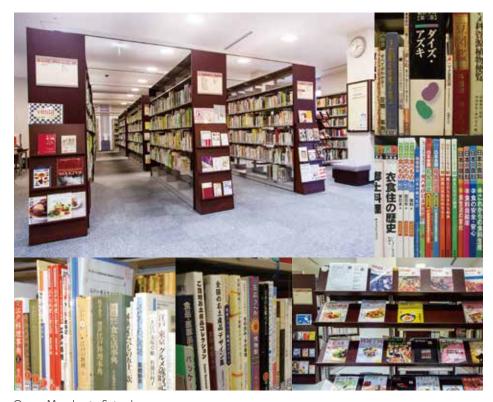




Management of the library and the exhibition room

Dietary Culture Library

The Dietary Culture Library is a library devoted to food culture, with a collection on dietary culture and related fields originating from our foundation since 1989, including books, magazines, academic papers, and audio-visual materials. We established the library in hopes that it will serve a wide range of people, including those engaged in research, education, or work relating to food.



Open: Monday to Saturday

Operation Hours: 10:00 am - 5:00 pm

Closed: Sundays and public holidays, year-end/New Year holidays,

library inventory period, others

Book collection: approx. 45,000 Magazines: approx. 50 titles

Rare books (books and magazines from the Meiji period to the third decade

of the Showa period: 1868-1965): approx. 2,800 titles

Audio-visual materials: approx. 360 pieces



The library also houses rare and valuable collections related to food, such as *nishikie* (traditional Japanese color woodblock prints) and cook books from the Edo period (1603-1868), which provide a glimpse into food culture during the period.



▲The *nishikie* collection can be seen in the "Nishikie Gallery" on the website.







▲ "Ryori no Tomo" is a monthly magazine published from the Taisho period (1912-1926) to the postwar era, and was oriented toward women of middle-class families. The first issue was published in 1913. Users can search online for the collection number and table of contents.



▲Cook books from the Edo period. Also available to browse online.



Dietary Culture Exhibition Room (second floor of The Dietary Culture Library)

Visitors can appreciate *nishikie* (color woodblock prints), prewar magazine graphics, and exhibits with food replicas. (Special exhibitions are held on an irregular basis)

The operating hours of the exhibition room are the same as The Dietary Culture Library's operating hours.







Management of the forums

Forum on Dietary Culture

The Forum on Dietary Culture is an exclusive research forum for academic discussions. Held three times a year, experts from all walks of life and with various perspectives gather together to exchange ideas through presentations and discussions.



Forum on Dietary Culture series, record of the forums









Organizing the symposiums

Open symposiums

To deepen understanding about dietary culture for a broad range of people, a symposium is held once a year based on the outcomes of the Forum on Dietary Culture. A symposium co-organized with an external organization with an interest in dietary culture is also held on an ad-hoc basis. Recent open symposiums







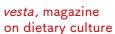
Research grants for dietary culture

The research grant program resumed in 2016 with the aim of promoting academic research on dietary culture. The program supports the research activities of motivated young researchers striving to be leaders in the development of dietary culture research, including discovering and establishing new knowledge, and pioneering new research domains.









The first issue published in 1989; published four times a year





Other items for sale







Video recording, Nihon no Aji/Dentō Shokuhin





Kōza Shoku no Bunka (7 volumes)

A systematic compilation of research on dietary culture, broadly categorized into seven themes



